



GLOW

for mental health

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Total Donations: £ _____

Title	Full name	Home address (please don't give us your work address if you're Gift Aiding your donation)	Postcode	Phone number	Email address	Donation amount	Date	Gift Aid my donation (please tick)	I'm happy to hear from Mental Health UK (please tick)			I'd like to opt out of mail
									SMS	Email	Phone	

* We'd love to keep in touch with you about the work we do, and how your support could help. For communications by post we will use legitimate interest as a basis for writing to you. Please tick the table above to opt out of mail. If you haven't given us consent above, we'll only use your details to process your donation and claim Gift Aid. We'll never sell your details to any third party. You can update your contact preferences at any time, just let us know by contacting us via email to events@mentalhealth-uk, calling 020 7840 3008 or writing to us at Mental Health UK, 15th Floor 89 Albert Embankment, London, SE1 7TP. Read our privacy policy at www.mentalhealth-uk.org/privacy-policy or contact us for a paper copy. **Registered charity number: 1170815.**



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